



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Women 80km	1	1	339	VWM	Alma	Colyn	03.02.59	1	
	2	2	92	VWM	Nadia	Visser	03.10.51	1	
	3	3	411	VWM	Tandi	Kitching	03.16.24	1	
	4	4	182	VWM	Franci	Joubert	03.23.03	1	
	5	1	440	MWM	Sunette	Beyers	03.31.30	1	
	6	5	228	VWM	Luetta	Ellis	03.34.39	1	
	7	2	898	MWM	Cathy	Carstens	03.38.01	1	
	8	6	394	VWM	Anneke	Jacobs	03.38.31	1	
	9	1	400	SXM	Estea	Volschenk	03.38.31	1	
	10	2	263	SXM	Nadine	Muller	03.40.43	1	
	11	3	233	SXM	Adele	Ambrose	03.43.29	1	
	12	4	648	SXM	Susan	Melmed	03.44.12	1	
	13	5	437	SXM	Rita	Terblanche	03.44.30	1	
	14	7	204	VWM	Wendy	Potgieter	03.48.53	1	
	15	1	439	EW	Carla	Beyers	03.48.54	1	
	16	8	52	VWM	Aretha	Eksteen	03.49.35	1	
	17	9	647	VWM	Marietjie	Lutz	03.50.58	1	
	18	2	374	EW	Sune	Bruwer	03.51.00	1	
	19	10	385	VWM	Elaine	Chesterton	03.51.15	1	
	20	3	15	MWM	Christine	Claasen	03.56.52	1	
	21	6	11	SXM	Janette	Coetzee	03.57.56	1	
	22	4	429	MWM	Alta	Kriegler	03.59.35	1	
	23	7	376	SXM	Stephanie	Kok	04.06.24	1	
	24	5	445	MWM	Jacqui	Jackson	04.07.36	1	
	25	8	340	SXM	Leona	Howard	04.11.52	1	
	26	3	349	EW	Anja	Van Zyl	04.11.53	1	
	27	4	341	EW	Gemma	Grobbelaar	04.11.54	1	
	28	9	467	SXM	Talita	Van Zyl	04.17.32	1	
	29	6	178	MWM	Yvonne	Cronje	04.20.24	1	
	30	11	664	VWM	Yolanda	Engelbrecht	04.22.57	1	
	31	7	431	MWM	Gretna	Muir	04.24.02	1	
	32	12	1532	VWM	Jolene	Silva	04.25.23	1	
	33	13	69	VWM	Rene	Janse Van Rensburg	04.25.56	1	
	34	10	170	SXM	Loraine	Strydom	04.29.06	1	
	35	8	450	MWM	Ria	Viljoen	04.44.01	1	
	36	14	70	VWM	Paula	Smith	04.44.46	1	
	37	9	444	MWM	Desiree	Naude	04.50.44	1	
	38	15	425	VWM	Bonte	Betts	04.50.44	1	
	39	16	279	VWM	Audrey	Kritzinger	04.52.21	1	
	40	17	115	VWM	Lize	Van Nieuwenhuizen	04.52.55	1	
	41	18	156	VWM	Antoinette	Herselman	04.52.55	1	
	42	19	354	VWM	Rika	Stroebel	05.00.43	1	
	43	20	294	VWM	Renee	Pretorius	05.00.56	1	
	44	11	66	SXM	Sylvia	Visser	05.01.42	1	
	45	1	493	GWM	Elmien	Swanepoel	05.05.29	1	
	46	10	322	MWM	Marinda	Gelderblom	05.05.46	1	
	47	5	416	EW	Martie	Wahl	05.07.09	1	
	48	21	312	VWM	Kate	Bihl	05.10.45	1	
	49	22	250	VWM	Herbie	Mabin	05.10.46	1	
	50	12	88	SXM	Masadi	Steyn	05.14.12	1	
	51	23	68	VWM	Therina	Theron	05.14.13	1	



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Women 80km	52	24	203	VWM	Penelope	Jansen Van Vuuren	05.16.41	1	
	53	11	671	MWM	Sonia	Joubert	05.29.11	1	
	54	12	677	MWM	Maria	Louw	05.30.46	1	
	55	13	678	MWM	Ina	Knoetze	05.30.48	1	
	56	25	175	VWM	Elizabeth	Deetlefs	05.30.50	1	
	57	2	122	GWM	Hester	Treurnicht	05.34.53	1	
	58	13	247	SXM	Sandra	Jeffery	05.42.32	1	
	59	14	243	SXM	Derryn	Holliday	05.42.33	1	
	60	26	315	VWM	Saritza	Moller	05.42.58	1	
	61	27	120	VWM	Amanda	Erlank	05.52.30	1	
Category	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 80km	1	1	680	EM	Chris	Wolhuter	02.48.41	1	
	2	1	387	VMM	David	Garrett	02.50.40	1	
	3	2	93	VMM	Rikus	Visser	02.50.48	1	
	4	3	1505	VMM	Gerrie	Beukes	02.52.37	1	
	5	4	698	VMM	Henri	Meyer	02.52.56	1	
	6	1	366	SVM	Shaun	Roos	02.53.46	1	
	7	5	645	VMM	Craig	Edwards	02.54.35	1	
	8	1	449	MMM	Joao	Mendes	02.54.43	1	
	9	2	1305	EM	Pieter	Gildenhuis	02.57.34	1	
	10	2	461	SVM	Dawie	Carstens	02.58.55	1	
	11	3	222	SVM	Dane	Walsh	02.58.56	1	
	12	3	684	EM	Frans	Grotepass	03.00.42	1	
	13	2	681	MMM	Jan-Hendrik	Hanekom	03.00.43	1	
	14	6	163	VMM	Brendan	Markey	03.01.22	1	
	15	4	448	SVM	Willem	Calitz	03.03.05	1	
	16	3	181	MMM	Naas	Vermaak	03.05.06	1	
	17	5	392	SVM	Tyrone	Van Rooyen	03.07.56	1	
	18	4	235	MMM	Paul	Horsford	03.07.56	1	
	19	6	372	SVM	Louis	Bruwer	03.08.06	1	
	20	7	500	VMM	Mark	Colyn	03.08.08	1	
	21	1	126	GMM	Neil	Van Zyl	03.08.10	1	
	22	5	195	MMM	Julian	Conrad	03.08.11	1	
	23	6	190	MMM	Rudi	De Wet	03.08.40	1	
	24	8	205	VMM	Mark	Weedall	03.09.04	1	
	25	9	373	VMM	Marc	Rich	03.10.18	1	
	26	4	494	EM	Hanri	Terblanche	03.10.24	1	
	27	7	408	MMM	Wayne	Walker	03.13.36	1	
	28	7	50	SVM	Bevan	Snyman	03.15.55	1	
	29	10	490	VMM	Grey	Van Tonder	03.16.12	1	
	30	11	176	VMM	Ricco	Friedrich	03.16.13	1	
	31	12	399	VMM	Johan	Volschenk	03.16.14	1	
	32	8	335	MMM	Carlof	Van Der Merwe	03.16.15	1	
	33	8	262	SVM	Paul	Gleed	03.16.17	1	
	34	9	495	SVM	Konrad	Wentzel	03.18.09	1	
	35	13	286	VMM	Morney	Oconnor	03.18.59	1	
	36	10	259	SVM	Nicolaas	Van Der Watt	03.19.28	1	
	37	5	679	EM	Karel	Keyser	03.20.24	1	
	38	14	261	VMM	Johann	Le Roux	03.20.32	1	
	39	9	403	MMM	Neels	Zeeman	03.21.53	1	
	40	15	358	VMM	Andre	Van Wyk	03.22.45	1	



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 80km	41	10	83	MMM	Erik	Knoetze	03.22.58	1	
	42	16	377	VMM	Jacques	Turck	03.22.58	1	
	43	17	386	VMM	Richard	Chesterton	03.23.05	1	
	44	2	1	GMM	Johan	Bothma	03.23.34	1	
	45	11	477	MMM	Pieter	De Kock	03.24.46	1	
	46	11	689	SVM	Vincent	Hill	03.26.30	1	
	47	12	485	MMM	Wayne	Rebello	03.26.39	1	
	48	18	141	VMM	Rian	Gobregts	03.29.33	1	
	49	19	129	VMM	Conrad	Scholtz	03.29.35	1	
	50	12	258	SVM	Rossouw	Du Toit	03.30.06	1	
	51	13	691	SVM	Hendrik	Schoeman	03.30.10	1	
	52	14	272	SVM	Niel	Kirsten	03.30.18	1	
	53	20	401	VMM	Gerhard	Kruger	03.30.30	1	
	54	6	685	EM	Henrico	Beyers	03.31.31	1	
	55	21	430	VMM	Noel	Wright	03.32.37	1	
	56	22	81	VMM	Ian	Mundell	03.32.57	1	
	57	23	154	VMM	Claude	Van Cuyck	03.32.58	1	
	58	24	667	VMM	Werner	Meyer	03.33.13	1	
	59	15	482	SVM	Hugo	De Wit	03.33.14	1	
	60	13	91	MMM	Ignatius	Wentzel	03.34.32	1	
	61	25	368	VMM	Werner	Vlok	03.34.34	1	
	62	26	369	VMM	Theunis	Van Zyl	03.35.23	1	
	63	27	319	VMM	Hermanus	Joubert	03.35.32	1	
	64	28	324	VMM	Devilliers	Odendaal	03.35.33	1	
	65	29	28	VMM	Werner	Schmidt	03.39.31	1	
	66	14	229	MMM	Frans	Reinke	03.39.39	1	
	67	30	412	VMM	Paul	Lochner	03.40.07	1	
	68	7	414	EM	Janes	Nel	03.40.10	1	
	69	15	268	MMM	Billy	Zwiegers	03.40.26	1	
	70	16	264	SVM	Lance	Muller	03.40.44	1	
	71	31	14	VMM	Dirk	Coetsee	03.41.53	1	
	72	32	12	VMM	Pieter	Du Preez	03.41.54	1	
	73	3	446	GMM	Gerhard	Muller	03.42.42	1	
	74	33	56	VMM	John	Hanekom	03.43.25	1	
	75	34	24	VMM	Burger	Malherbe	03.43.26	1	
	76	4	497	GMM	Nico	Treurnicht	03.43.28	1	
	77	35	476	VMM	Paul	Meyer	03.46.15	1	
	78	8	489	EM	Zean	Bourbon Leftley	03.46.17	1	
	79	17	466	SVM	Theo	Van Zyl	03.46.20	1	
	80	16	458	MMM	Andre	Baas	03.47.08	1	
	81	17	310	MMM	Dirk	Joubert	03.48.17	1	
	82	18	55	MMM	Tappies	Smit	03.49.35	1	
	83	5	433	GMM	John	Soper	03.49.56	1	
	84	36	75	VMM	Jacques	Lotriet	03.50.01	1	
	85	9	209	EM	Vernon	Moos	03.50.08	1	
	86	19	183	MMM	Andre	Schempers	03.50.47	1	
	87	20	96	MMM	Jurg	Streicher	03.50.51	1	
	88	21	98	MMM	Wilfrid	Grundill	03.50.53	1	
	89	22	395	MMM	Petie	Viljoen	03.51.00	1	
	90	10	48	EM	Hugo	La Grange	03.51.11	1	
	91	37	398	VMM	Douglas	Penfold	03.51.13	1	

Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 80km	92	6	463	GMM	Nico	Steenekamp	03.51.41	1	
	93	38	393	VMM	Freddie	King	03.52.12	1	
	94	7	86	GMM	Johan	Van Heerden	03.52.13	1	
	95	23	161	MMM	Anton	Botes	03.52.29	1	
	96	8	227	GMM	Andre	Dippenaar	03.52.30	1	
	97	39	427	VMM	Billy	Stelling	03.52.41	1	
	98	24	31	MMM	Moller	Nel	03.52.41	1	
	99	18	249	SVM	Etienne	Terblanche	03.52.44	1	
	100	19	370	SVM	Riaan	Cronje	03.52.45	1	
	101	40	180	VMM	Arnold	Smith	03.53.18	1	
	102	9	666	GMM	Hoffie	Conradie	03.53.21	1	
	103	25	226	MMM	Francois	Van Der Westhuizen	03.53.22	1	
	104	20	452	SVM	Johan	Van Staden	03.53.28	1	
	105	21	453	SVM	Nico	Nel	03.53.29	1	
	106	26	16	MMM	Frederick	Henning	03.53.31	1	
	107	22	484	SVM	Niel	Goosen	03.53.44	1	
	108	10	216	GMM	Deon	Roos	03.54.37	1	
	109	41	382	VMM	Johan	Slabber	03.54.39	1	
	110	42	343	VMM	Richard	Dixon	03.56.03	1	
	111	43	283	VMM	Mario-Pierre	Le Roux	03.56.27	1	
	112	27	13	MMM	Leon	Claasen	03.56.48	1	
	113	23	33	SVM	Jacques	Viljoen	03.57.04	1	
	114	24	359	SVM	Esias	Vosloo	03.57.06	1	
	115	11	435	GMM	Bertie	Raubenheimer	03.57.17	1	
	116	44	201	VMM	Sean	O'Toole	03.57.21	1	
	117	28	145	MMM	Anthony	Kruger	03.57.22	1	
	118	25	336	SVM	Gareth	Davie	03.58.07	1	
	119	45	337	VMM	Chris	Opperman	03.58.08	1	
	120	29	46	MMM	Johannes	La Grange	03.58.26	1	
	121	46	306	VMM	Alec	Van Wyk	03.58.41	1	
	122	47	200	VMM	Brendan	Williams	03.59.08	1	
	123	26	288	SVM	Andries	Aucamp	03.59.09	1	
	124	48	443	VMM	James	Kymdell	03.59.10	1	
	125	30	468	MMM	Sakkie	Erasmus	03.59.10	1	
	126	31	675	MMM	Andre	Van Helsdingen	03.59.23	1	
	127	11	345	EM	Rudi	Swart	04.00.52	1	
	128	32	475	MMM	Schalk	Engelbrecht	04.00.54	1	
	129	49	478	VMM	Francois	Uys	04.00.59	1	
130	33	669	MMM	Pieter	Zietsman	04.01.00	1		
131	50	266	VMM	Dirkie	Van Der Merwe	04.01.10	1		
132	51	189	VMM	Jaco	Von Molendorff	04.01.37	1		
133	52	157	VMM	Jacques	Herselman	04.01.45	1		
134	27	432	SVM	Riaan	Barnard	04.03.42	1		
135	34	457	MMM	Johan	Du Preez	04.04.10	1		
136	35	1527	MMM	Albie	Stoeder	04.04.11	1		
137	28	332	SVM	Elrich	Bouwer	04.04.13	1		
138	29	656	SVM	Jacques	Dreyer	04.04.39	1		
139	30	657	SVM	Henniel	Smit	04.04.39	1		
140	53	45	VMM	Malan	Jonck	04.06.13	1		
141	54	330	VMM	Marnus	Swanepoel	04.06.14	1		
142	31	415	SVM	Neil	Van Vuuren	04.06.15	1		

Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 80km	143	55	375	VMM	Ettienne	Kok	04.06.26	1	
	144	56	469	VMM	Jaco	Goodwin	04.06.27	1	
	145	12	95	GMM	Graham	Mcalister	04.06.28	1	
	146	36	686	MMM	Andre	Reddering	04.06.37	1	
	147	32	112	SVM	Riaan	Van Wyk	04.07.04	1	
	148	37	420	MMM	David	Barnes	04.07.18	1	
	149	57	371	VMM	Hannes	Gildenhuis	04.07.22	1	
	150	33	361	SVM	Guillaume	Liebenberg	04.07.23	1	
	151	34	62	SVM	Deon	Latsky	04.07.36	1	
	152	35	492	SVM	Hubert	Roux	04.08.11	1	
	153	12	464	EM	Dylan	Jafta	04.09.00	1	
	154	38	131	MMM	Mark	Horsford	04.09.07	1	
	155	58	255	VMM	Phillip	Baumgardt	04.09.08	1	
	156	36	1525	SVM	Bertus	Kriel	04.09.09	1	
	157	59	118	VMM	Robert	Du Preez	04.10.06	1	
	158	39	302	MMM	Melt	Wahl	04.10.28	1	
	159	40	186	MMM	Paul	Loubser	04.10.41	1	
	160	13	4	GMM	Clive	Rennie	04.10.51	1	
	161	60	674	VMM	Hilton	Cook	04.10.52	1	
	162	14	654	GMM	Bles	De Wet	04.10.53	1	
	163	41	643	MMM	Koos	Alberts	04.10.55	1	
	164	61	241	VMM	Herman	Botes	04.11.06	1	
	165	42	378	MMM	Pierre	Henning	04.13.23	1	
	166	43	486	MMM	Cobus	De Swardt	04.13.50	1	
	167	62	455	VMM	Marius	Van Der Westhuizen	04.14.03	1	
	168	44	309	MMM	Dean	Jankielsohn	04.14.09	1	
	169	13	649	EM	David	Van Der Merwe	04.14.23	1	
	170	15	650	GMM	David	Van Der Merwe	04.14.23	1	
	171	16	360	GMM	Danie	Van Der Westhuizen	04.14.48	1	
	172	45	422	MMM	Gerard	De La Bat	04.14.51	1	
	173	46	487	MMM	Pieter	Hanekom	04.15.03	1	
	174	63	683	VMM	Wayne	Alexander	04.15.19	1	
	175	64	108	VMM	Bruce	Kearley	04.15.33	1	
176	37	267	SVM	Leon	Smit	04.15.36	1		
177	65	208	VMM	Andre	Du Toit	04.15.37	1		
178	66	389	VMM	Ian	Smit	04.16.47	1		
179	14	424	EM	Philip	Boshoff	04.18.00	1		
180	67	687	VMM	Jan	Debbes	04.18.01	1		
181	68	421	VMM	Albertus	Beukes	04.18.07	1		
182	38	459	SVM	Dewald	Van Den Berg	04.18.09	1		
183	47	59	MMM	Gerhard	Van Zyl	04.18.52	1		
184	17	252	GMM	Gideon	Ellis	04.19.05	1		
185	69	253	VMM	Craig	Zondag	04.19.06	1		
186	39	348	SVM	Luke	Murray	04.19.42	1		
187	18	177	GMM	Frikkie	Cronje	04.20.25	1		
188	40	296	SVM	Johannes	Wahl	04.20.45	1		
189	70	417	VMM	Gert	Van Jaarsveld	04.21.42	1		
190	19	355	GMM	Francois	Viviers	04.22.36	1		
191	71	665	VMM	Etienne	Engelbrecht	04.22.59	1		
192	15	217	EM	Rupert	La Grange	04.23.48	1		
193	72	237	VMM	Omar	Jonker	04.23.49	1		



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 80km	194	73	407	VMM	Manie	Zaayman	04.24.22	1	
	195	48	199	MMM	Tony	Pushman	04.25.27	1	
	196	74	168	VMM	Pierre	Van Zyl	04.26.00	1	
	197	75	187	VMM	Daniel	Van Niekerk	04.26.16	1	
	198	76	212	VMM	Jean-Louis	Geldenhuys	04.26.17	1	
	199	77	211	VMM	Alwyn	Oberholzer	04.26.18	1	
	200	78	230	VMM	Jean	Nortier	04.26.37	1	
	201	49	103	MMM	Neil	Frew	04.27.09	1	
	202	20	71	GMM	Colin	Shave	04.27.09	1	
	203	50	32	MMM	Sean	Gannon	04.27.10	1	
	204	51	85	MMM	Alan	Van Den Handel	04.27.11	1	
	205	21	128	GMM	Nelis	Vermeulen	04.29.08	1	
	206	22	127	GMM	Awie	Greeff	04.29.09	1	
	207	52	239	MMM	Pieter	Spies	04.29.18	1	
	208	23	8	GMM	Danie	Lombard	04.31.40	1	
	209	53	1504	MMM	Frikkie	Loubser	04.31.40	1	
	210	41	61	SVM	Yano	Fanoudis	04.31.45	1	
	211	79	659	VMM	Danie	Du Preez	04.32.01	1	
	212	80	289	VMM	Rex	Van Staden	04.32.09	1	
	213	81	327	VMM	Johan	Linde	04.33.21	1	
	214	82	438	VMM	Riaan	Nortje	04.34.23	1	
	215	54	1501	MMM	Alwyn	Burger	04.34.25	1	
	216	42	646	SVM	Gawie	Raubenheimer	04.34.44	1	
	217	43	1520	SVM	Berna	Stander	04.34.44	1	
	218	83	143	VMM	Jamie	Jones	04.35.03	1	
	219	84	185	VMM	Adam	Benzimra	04.35.04	1	
	220	44	124	SVM	Frederick	De Villiers	04.35.05	1	
	221	85	47	VMM	Adohan	Van Den Berg	04.35.06	1	
	222	55	287	MMM	Mike	Raubenheimer	04.36.05	1	
	223	56	17	MMM	Barry	Van T Slot	04.36.07	1	
224	24	301	GMM	Alberto	Pepler	04.36.14	1		
225	57	173	MMM	Gary	Hoek	04.36.39	1		
226	16	462	EM	Jacobus	Nel	04.37.36	1		
227	86	384	VMM	Jaco	Van Den Berg	04.37.56	1		
228	45	146	SVM	Etienne	Le Roux	04.38.01	1		
229	87	20	VMM	Craig	Middleton	04.38.01	1		
230	25	460	GMM	Petrus	Van Den Berg	04.38.07	1		
231	26	391	GMM	Jacobus	Scott	04.38.51	1		
232	46	290	SVM	Jaco	Wehmeyer	04.39.20	1		
233	58	26	MMM	Ryno	Stander	04.42.15	1		
234	88	153	VMM	Hugo	Van Der Berg	04.42.24	1		
235	89	305	VMM	Bertus	Van Oordt	04.42.25	1		
236	27	271	GMM	Niel	Lotter	04.42.44	1		
237	59	451	MMM	Robbie	Viljoen	04.44.01	1		
238	90	682	VMM	Ian	Smith	04.44.47	1		
239	60	1503	MMM	Peet	Peet	04.46.11	1		
240	91	1530	VMM	Riann	Le Roux	04.46.14	1		
241	61	653	MMM	Pietie	Van Der Merwe	04.46.15	1		
242	92	99	VMM	Franz	Rabie	04.46.16	1		
243	62	672	MMM	Wimpie	Van Der Merwe	04.46.26	1		
244	63	673	MMM	Johan	Nolte	04.46.27	1		



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 80km	245	93	473	VMM	Johan	Stopforth	04.46.29	1	
	246	94	317	VMM	Andre	Richard	04.46.39	1	
	247	17	206	EM	Jeroen	Oosthuizen	04.46.45	1	
	248	95	351	VMM	Chris	Craven	04.46.52	1	
	249	28	58	GMM	Johan	Schoeman	04.47.04	1	
	250	64	54	MMM	Willem	Schoeman	04.47.17	1	
	251	47	383	SVM	Shaun	Westraad	04.47.40	1	
	252	96	37	VMM	Nowlan	Jones	04.48.05	1	
	253	97	474	VMM	Jaco	Theron	04.48.06	1	
	254	98	479	VMM	Blik	Swart	04.49.33	1	
	255	99	220	VMM	Sim	Swart	04.49.34	1	
	256	100	218	VMM	Craig	Harris	04.50.18	1	
	257	18	219	EM	Carlo	Prins	04.50.18	1	
	258	29	278	GMM	Chris	Kritzinger	04.52.20	1	
	259	101	276	VMM	Grant	Frye	04.52.40	1	
	260	48	655	SVM	Simon	Frye	04.52.41	1	
	261	102	116	VMM	Louis	Van Nieuwenhuizen	04.52.55	1	
	262	49	82	SVM	Fanie	Fourie	04.54.15	1	
	263	103	224	VMM	Gaffie	Le Roux	04.54.25	1	
	264	30	419	GMM	Herman	Kotze	04.54.42	1	
	265	65	644	MMM	Marc	Falconer	04.54.44	1	
	266	50	402	SVM	Wally	Van Rensburg	04.54.56	1	
	267	19	307	EM	Andrea	Bezuidenhout	04.57.19	1	
	268	66	642	MMM	Jannie	Gericke	04.58.04	1	
	269	104	169	VMM	Anton	Strydom	04.59.36	1	
	270	105	171	VMM	Stephan	Kleynhans	04.59.37	1	
	271	106	353	VMM	Helnie	Oosthuizen	05.00.45	1	
	272	67	150	MMM	Jan	Havenga	05.01.17	1	
	273	107	318	VMM	Denis	Dunn	05.01.32	1	
	274	108	428	VMM	Etienne	Smith	05.01.43	1	
	275	68	35	MMM	Anthony	Rautenbach	05.04.10	1	
	276	69	64	MMM	Maurice	Van Den Aardweg	05.05.25	1	
277	109	342	VMM	Angriff	Coetzee	05.06.34	1		
278	70	21	MMM	Jantjie	Van Niekerk	05.07.04	1		
279	51	254	SVM	Riaan	Van Wyk	05.07.36	1		
280	52	304	SVM	Jacques	Basson	05.08.46	1		
281	53	280	SVM	Braam	Basson	05.08.46	1		
282	110	231	VMM	Aleric	Meyer	05.10.10	1		
283	111	210	VMM	Jakes	Nortje	05.10.11	1		
284	71	137	MMM	Hennie	Beukman	05.11.09	1		
285	72	441	MMM	Mark	Graham	05.11.56	1		
286	31	434	GMM	Jeff	Rowlands	05.11.57	1		
287	112	155	VMM	Michael	Keeves	05.11.58	1		
288	73	49	MMM	Gavin	Bennett	05.12.32	1		
289	113	662	VMM	Gerhard	Koen	05.13.15	1		
290	114	89	VMM	Jacques	Steyn	05.14.14	1		
291	54	661	SVM	Gary	Martch	05.14.27	1		
292	115	202	VMM	Andre	Jansen Van Vuuren	05.16.40	1		
293	55	409	SVM	Pieter	Toerien	05.17.47	1		
294	116	410	VMM	Carl	Brown	05.17.47	1		
295	20	676	EM	Jj	Lindeque	05.19.01	1		



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 80km	296	117	456	VMM	Chris	Van Der Merwe	05.19.02	1	
	297	74	244	MMM	Paul	Vink	05.20.03	1	
	298	75	240	MMM	Mark	Pinder	05.20.03	1	
	299	32	197	GMM	Graham	Gibbons	05.20.16	1	
	300	76	472	MMM	Josef	Van Der Westhuizen	05.22.35	1	
	301	77	149	MMM	Ken	Bougard	05.22.40	1	
	302	78	158	MMM	Barry	Pearce	05.22.41	1	
	303	21	663	EM	Jacques	Le Roux	05.29.10	1	
	304	79	670	MMM	Pierre	Joubert	05.29.10	1	
	305	118	43	VMM	Anton	Hayes	05.29.12	1	
	306	33	179	GMM	Eugene	Knottenbelt	05.29.13	1	
	307	80	668	MMM	Hendrick	Unknown	05.29.13	1	
	308	81	6	MMM	Stephan	Kotzé	05.29.17	1	
	309	56	281	SVM	Chris	Tyler	05.30.37	1	
	310	119	257	VMM	Carel	Van Heerden	05.30.38	1	
	311	120	38	VMM	Kelvin	Irvine	05.30.40	1	
	312	34	660	GMM	Charles	Henn	05.33.54	1	
	313	35	225	GMM	Jan	Cloete	05.33.56	1	
	314	121	275	VMM	Dewald	Vorster	05.34.30	1	
	315	122	338	VMM	Jaco	Calitz	05.34.31	1	
	316	36	123	GMM	Johan	Van Huyssteen	05.34.54	1	
317	57	246	SVM	Paul	De Kock	05.42.31	1		
318	123	242	VMM	Daan	Bloemarts	05.42.56	1		
319	124	316	VMM	Deon	Moller	05.42.59	1		
320	125	291	VMM	Henk	Smit	05.45.30	1		
321	82	165	MMM	Gary	Evans	05.52.30	1		
Category	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Women 40km	1	1	879	YWH	Saskia	Van Der Merwe	01.49.17	1	
	2	2	877	YWH	Nadia	Van Niekerk	01.49.20	1	
	3	1	764	JWH	Courteney	Webb	01.51.41	1	
	4	1	906	MWH	Leslee	Faul	01.53.48	1	
	5	1	754	GWH	Mare	Malherbe	01.55.41	1	
	6	2	714	JWH	Mire	Herbst	01.57.09	1	
	7	1	812	SWH	Lauren	Walker	01.58.05	1	
	8	2	928	MWH	Rachelle	Smith	02.03.18	1	
	9	3	802	MWH	Yolande	Kussendrager	02.05.16	1	
	10	1	1506	VWH	Jana	Beukes	02.07.31	1	
	11	3	720	JWH	Marlize	Rosslee	02.07.48	1	
	12	3	716	YWH	Sonique	Louw	02.10.51	1	
	13	2	718	GWH	Marieta	Havenga	02.10.51	1	
	14	1	1516	SXH	Corika	Hunlan	02.11.47	1	
	15	2	1304	SWH	Katherine	Lewis	02.11.57	1	
	16	3	991	SWH	Debi	Grotepass	02.11.59	1	
	17	2	927	VWH	Nikki	Steward	02.15.31	1	
	18	4	861	SWH	Tenisha	Roos	02.15.49	1	
	19	3	912	VWH	Sonelle	Slabbert	02.16.33	1	
	20	4	850	VWH	Liza	Goodwin	02.18.58	1	
	21	2	708	SXH	Maryna	Kearley	02.19.01	1	
	22	3	798	SXH	Charlene	Curlewis	02.19.13	1	
	23	4	784	SXH	Myrtle	Oosthuizen	02.21.58	1	
	24	5	938	SWH	Ashleigh	Smit	02.21.59	1	



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Women 40km	25	5	821	VWH	Helena	Van Der Vyver	02.22.12	1	
	26	6	922	SWH	Annette	Davel	02.23.08	1	
	27	5	765	SXH	Susanna	Strauss	02.24.49	1	
	28	4	768	MWH	Christa	Bothma	02.25.24	1	
	29	7	915	SWH	Lianry	Botes	02.27.59	1	
	30	5	992	MWH	Erika	Grotepass	02.28.01	1	
	31	8	700	SWH	Anke	Nel	02.29.38	1	
	32	6	998	VWH	Liesl	Marais	02.29.49	1	
	33	7	999	VWH	Minda	Barnard	02.29.50	1	
	34	6	744	MWH	Melanie	Black	02.30.00	1	
	35	7	213	MWH	Jill	Black	02.30.01	1	
	36	4	909	YWH	Jeanne-Marie	Marais	02.31.41	1	
	37	8	734	VWH	Lize	De Villiers	02.31.52	1	
	38	8	737	MWH	Heidi	Horne	02.33.02	1	
	39	3	740	GWH	Ursula	Lindgens	02.33.42	1	
	40	9	996	VWH	Liesel	Debbes	02.33.49	1	
	41	10	903	VWH	Mariza	Van Der Mescht	02.34.14	1	
	42	9	221	SWH	Jessica	Christie	02.35.53	1	
	43	11	697	VWH	Irma	Jonck	02.37.42	1	
	44	6	776	SXH	Yolande	Barnard	02.41.29	1	
	45	9	803	MWH	Lorette	De La Bat	02.41.43	1	
	46	7	753	SXH	Gerda	Diezel	02.43.40	1	
	47	12	893	VWH	Mare	Kleynhans	02.43.41	1	
	48	8	835	SXH	Jeanette	Cramond	02.47.00	1	
	49	10	739	MWH	Martie	Zwiegers	02.48.12	1	
	50	9	925	SXH	Jandre	Human	02.49.45	1	
	51	10	923	SXH	Jolanda	Human	02.49.47	1	
	52	11	1524	SXH	Charmaine	Ellman	02.51.57	1	
	53	12	993	SXH	Margot	Basson	02.52.10	1	
	54	13	824	VWH	Christelle	Van Der Westhuizen	02.53.13	1	
	55	4	838	GWH	Marti	Du Toit	02.53.37	1	
	56	11	881	MWH	Marianne	Alberts	02.54.07	1	
	57	12	731	MWH	Debbie	Tarrant	02.54.58	1	
	58	14	910	VWH	Ciska	Marais	02.56.04	1	
	59	5	831	GWH	Jeanne	Vercueil	02.56.35	1	
	60	15	711	VWH	Ingrid	La Grange	02.57.25	1	
	61	6	788	GWH	Mitzi	Fouche	02.58.01	1	
	62	13	721	SXH	Jennie	Slabber	02.58.22	1	
	63	7	722	GWH	Ans	Oosthuizen	02.58.23	1	
	64	16	713	VWH	Marina	Herbst	02.58.25	1	
	65	14	840	SXH	Chantal	Swanepoel	03.03.12	1	
	66	17	919	VWH	Anthea	Pinheiro	03.03.47	1	
	67	18	921	VWH	Tanya	Egberink	03.03.48	1	
	68	13	918	MWH	Carol	Roseveare	03.03.49	1	
	69	14	920	MWH	Charmaine	Adams	03.03.50	1	
	70	19	934	VWH	Bernita	Meneses	03.07.39	1	
	71	15	769	MWH	Colleen	Smith	03.08.51	1	
	72	20	1510	VWH	Diederi	Van Den Berg	03.11.48	1	
	73	21	834	VWH	Sarina	Oosthuizen	03.12.19	1	
	74	8	705	GWH	Annette	Annandale	03.12.21	1	
	75	5	908	YWH	Janeke	Erasmus	03.13.29	1	



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Women 40km	76	16	814	MWH	Kathy	Olckers	03.14.36	1	
	77	22	725	VWH	Mandie	Zietsman	03.14.38	1	
	78	17	704	MWH	Catherine	Schultz	03.15.30	1	
	79	23	987	VWH	Adele	Swart	03.16.43	1	
	80	18	773	MWH	Serma	Pretorius	03.17.39	1	
	81	10	747	SWH	La Grange	Elaine	03.17.58	1	
	82	15	810	SXH	Anmar	Marx	03.19.53	1	
	83	24	820	VWH	Martha	Marx	03.19.54	1	
	84	25	793	VWH	Suzette	Van Der Merwe	03.19.55	1	
	85	19	884	MWH	Anne	Frielick	03.26.40	1	
	86	20	854	MWH	Hanlie	Van Niekerk	03.26.41	1	
	87	26	931	VWH	Marisa	Janse Van Rensburg	03.52.46	1	
	88	16	930	SXH	Martie	Linde	03.52.47	1	
	89	21	848	MWH	Sue	Lenferna	04.02.42	1	
Category	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 40km	1	1	989	JMH	Louis Jnr	Visser	01.26.14	1	
	2	2	880	JMH	Wynand	Dippenaar	01.26.15	1	
	3	3	888	JMH	Aidan	Connelly	01.26.39	1	
	4	1	832	YMH	Charl	De Lange	01.26.40	1	
	5	2	724	YMH	Hein	Zeeman	01.26.41	1	
	6	4	799	JMH	Morne	Hollander	01.26.42	1	
	7	3	829	YMH	Niel	Van Tonder	01.26.42	1	
	8	4	782	YMH	Mulder	Oosthuizen	01.28.57	1	
	9	5	826	JMH	Morne	Du Preez	01.30.14	1	
	10	6	889	JMH	Rogan	Smart	01.30.51	1	
	11	5	726	YMH	Luke	Williams	01.30.51	1	
	12	6	738	YMH	Armin	O'Connor	01.30.56	1	
	13	7	817	YMH	Johan	Kruger	01.32.33	1	
	14	8	775	YMH	Jean-Louis	Strydom	01.32.42	1	
	15	9	935	YMH	Casper	Pretorius	01.33.14	1	
	16	10	727	YMH	Jamie	Horsford	01.33.16	1	
	17	1	818	MMH	Dag	Willems	01.33.16	1	
	18	11	1539	YMH	Wilhbert	Von Ludwig	01.33.16	1	
	19	7	876	JMH	Stean	Van Der Walt	01.35.41	1	
	20	12	362	YMH	Danie	Watney	01.36.42	1	
	21	13	917	YMH	Rudi	Koen	01.39.24	1	
	22	8	702	JMH	Johann	Bredenkamp	01.40.02	1	
	23	1	1303	SVH	Derick	Van Zyl	01.40.04	1	
	24	1	65	GMH	Fred	Van Zyl	01.40.28	1	
	25	1	806	SMH	Luan	Lategan	01.41.36	1	
	26	14	1508	YMH	Shane	Smith	01.42.30	1	
	27	2	994	SMH	Danielo	Kamfer	01.42.32	1	
	28	15	852	YMH	Storm	King	01.43.28	1	
	29	2	864	GMH	Slabbert	Cobus	01.43.30	1	
	30	1	771	VMH	Kobus	Barnard	01.45.05	1	
	31	2	866	MMH	Phil	Uys	01.45.09	1	
	32	3	939	GMH	Hasie	Lourens	01.45.50	1	
	33	16	742	YMH	Winston 2	Bourbon-Leftley	01.47.45	1	
	34	2	878	VMH	Henri	Van Der Merwe	01.49.28	1	
	35	9	882	JMH	Aidan	Van Niekerk	01.49.30	1	
	36	2	885	SVH	Richard	Perks	01.50.53	1	



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 40km	37	4	886	GMH	Pieter	Bronkhorst	01.51.12	1	
	38	5	780	GMH	Dave	Symm	01.51.21	1	
	39	3	808	VMH	James	Hoad	01.51.28	1	
	40	17	869	YMH	Jacques	Badenhorst	01.51.39	1	
	41	4	827	VMH	Digby	Webb	01.52.00	1	
	42	3	900	MMH	Jan	Minnie	01.53.49	1	
	43	3	688	SMH	Nicholas	Nail	01.55.08	1	
	44	18	926	YMH	Tiaan	Smit	01.55.17	1	
	45	6	755	GMH	Johan	Malherbe	01.55.42	1	
	46	4	868	SMH	Delmarc	Orange	01.56.19	1	
	47	19	1526	YMH	Frederick	Stoeder	01.56.27	1	
	48	10	198	JMH	Trevino	Petersen	01.56.30	1	
	49	20	988	YMH	M J	Swart	01.56.58	1	
	50	11	853	JMH	Rocco	King	01.57.05	1	
	51	5	892	VMH	Fritz	Otto	01.59.09	1	
	52	5	933	SMH	Kevin	Carolus	01.59.51	1	
	53	3	693	SVH	Anton	Badenhorst	02.00.01	1	
	54	7	707	GMH	Mike	Brierley	02.00.45	1	
	55	4	1502	MMH	Juan	Mason	02.01.15	1	
	56	4	895	SVH	Nicholas	Bailey	02.02.21	1	
	57	6	19	SMH	Jason	Van T Slot	02.04.27	1	
	58	21	719	YMH	Paul	Herselman	02.04.40	1	
	59	5	932	MMH	E	Roux	02.04.47	1	
	60	7	767	SMH	Tristan	Buys	02.04.50	1	
	61	8	875	SMH	Pierre	Van Zyl	02.04.58	1	
	62	6	774	VMH	Michael	Willemse	02.04.58	1	
	63	5	843	SVH	Finando	Jansen	02.05.36	1	
	64	7	743	VMH	Jacques	Bourbon-Leftley	02.05.48	1	
	65	8	995	VMH	Hendrik	Van Huyssteen	02.05.50	1	
	66	6	937	MMH	Philip	Van Der Merwe	02.07.16	1	
	67	7	822	MMH	Chris	Ras	02.07.33	1	
	68	6	872	SVH	Wynand	Vermeulen	02.07.45	1	
	69	7	692	SVH	Johan	Swanepoel	02.07.46	1	
	70	8	936	MMH	Chris	Koch	02.07.57	1	
	71	9	694	VMH	Werner	Koen	02.09.30	1	
	72	22	905	YMH	Pierre	Blignaut	02.09.45	1	
	73	12	762	JMH	Devon	Pace	02.11.20	1	
74	9	757	MMH	Marius	Basson	02.11.32	1		
75	13	57	JMH	Matthew	Toontjies	02.11.33	1		
76	10	871	VMH	Andre	Swart	02.11.53	1		
77	10	709	MMH	Chris	Du Preez	02.13.00	1		
78	11	940	VMH	Brian	O'Riordan	02.13.26	1		
79	23	770	YMH	Martin	Van Zyl	02.13.27	1		
80	12	867	VMH	Vernon	Mackay	02.14.25	1		
81	13	990	VMH	Louis Snr	Visser	02.14.36	1		
82	8	887	SVH	Rauch	Van Rensburg	02.14.38	1		
83	14	741	VMH	Winston 1	Bourbon-Leftley	02.14.44	1		
84	9	805	SMH	Willie	Van Der Vyver	02.14.48	1		
85	10	164	SMH	Rivaldo	Koopman	02.15.26	1		
86	11	746	MMH	Chris	Nel	02.15.33	1		
87	15	759	VMH	Pierre	Du Toit	02.15.40	1		



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 40km	88	11	728	SMH	Jacobus	Minnie	02.16.12	1	
	89	8	837	GMH	Francois	Du Toit	02.16.13	1	
	90	16	985	VMH	Johan	Karsten	02.16.14	1	
	91	9	787	GMH	Hennie	Volschenk	02.16.26	1	
	92	24	781	YMH	Louw	Kirsten	02.16.27	1	
	93	17	911	VMH	Jp	Marais	02.16.28	1	
	94	18	760	VMH	Herman	Botes	02.17.01	1	
	95	9	783	SVH	Ivan	Oosthuizen	02.17.22	1	
	96	19	865	VMH	Danie	Lourens	02.17.30	1	
	97	10	902	GMH	Johan	Brink	02.18.57	1	
	98	20	862	VMH	Cobus	Van Den Bergh	02.20.09	1	
	99	10	1517	SVH	William	Bourbon-Leftley	02.20.13	1	
	100	21	841	VMH	Nico	Swanepoel	02.20.46	1	
	101	12	904	MMH	Pieter	Blignaut	02.20.51	1	
	102	11	816	SVH	Albert	Kleynhans	02.20.52	1	
	103	12	983	SVH	Juan	Mostert	02.22.10	1	
	104	11	804	GMH	Deon	Ellis	02.22.29	1	
	105	13	924	SVH	David	Human	02.23.09	1	
	106	22	125	VMH	Craig	Solomon	02.23.10	1	
	107	23	1533	VMH	Henry	Silva	02.23.11	1	
	108	24	790	VMH	Francois	Rossouw	02.23.18	1	
	109	13	745	MMH	Simon	Black	02.23.41	1	
	110	14	710	MMH	André	Van Der Vyver	02.24.45	1	
	111	15	883	MMH	Johan	De Kock	02.26.07	1	
	112	25	761	VMH	Jacques	Pace	02.26.43	1	
	113	14	836	SVH	Duvan	Quantiney	02.28.00	1	
	114	26	997	VMH	Schalk	Vorster	02.29.10	1	
	115	12	699	SMH	Paul	De Wet	02.29.40	1	
	116	13	333	SMH	Romeo	Van Wyk	02.29.41	1	
	117	12	236	GMH	Jan	Nel	02.30.04	1	
	118	25	135	YMH	Adrian	Blake	02.31.31	1	
	119	27	1528	VMH	Le Roux	Roelofse	02.31.31	1	
	120	15	1531	SVH	Charl	Goussard	02.31.39	1	
	121	28	735	VMH	Francois	De Villiers	02.31.47	1	
	122	29	890	VMH	Lotie	Theron	02.31.58	1	
	123	16	1511	MMH	Johan	Claassen	02.32.32	1	
	124	17	984	MMH	Kirk Jaco	Beukes	02.35.22	1	
	125	14	916	SMH	Dimitri	Buys	02.36.21	1	
126	30	811	VMH	Nico	De Ath	02.36.36	1		
127	18	715	MMH	Frikkie	Herbst	02.37.09	1		
128	31	1522	VMH	Christo	Pieterse	02.37.44	1		
129	16	846	SVH	Mike	Norman	02.37.46	1		
130	19	856	MMH	Zach	Pretorius	02.39.45	1		
131	32	797	VMH	Adrian	Jerome	02.40.02	1		
132	13	897	GMH	Jan	Ellis	02.40.06	1		
133	33	863	VMH	Henno	Du Plessis	02.40.09	1		
134	17	777	SVH	Hendro	Botes	02.40.27	1		
135	18	809	SVH	Louis	Marx	02.40.57	1		
136	26	326	YMH	Bevan	Fortuin	02.41.04	1		
137	34	779	VMH	Etienne	Kirsten	02.41.31	1		
138	14	901	GMH	Leon	Shultz	02.41.45	1		

Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 40km	139	35	851	VMH	Richard	King	02.42.29	1	
	140	36	819	VMH	Petrus	Marx	02.42.43	1	
	141	37	874	VMH	Willie	Van Zyl	02.43.42	1	
	142	15	914	GMH	Martin	Van Zyl	02.46.48	1	
	143	38	913	VMH	Anthony	Benvenuto	02.46.49	1	
	144	20	833	MMH	Peter	Muir	02.48.13	1	
	145	27	733	YMH	Cameron	Tarrant	02.50.40	1	
	146	39	860	VMH	Andries	Olivier	02.51.57	1	
	147	40	1523	VMH	Wayne	Van Wyk	02.52.44	1	
	148	41	732	VMH	Dave	Tarrant	02.54.58	1	
	149	16	830	GMH	Johan	Vercueil	02.56.34	1	
	150	19	825	SVH	Wiekus	Du Plessis	02.56.51	1	
	151	21	823	MMH	Ernest	Slabber	02.57.12	1	
	152	22	858	MMH	Marius	Nel	02.57.13	1	
	153	23	894	MMH	Andre	Manning	02.57.15	1	
	154	42	982	VMH	Russell	Kuhn	02.57.24	1	
	155	20	723	SVH	Johannes	La Grange	02.57.26	1	
	156	43	986	VMH	Rossouw	Swart	02.59.17	1	
	157	21	899	SVH	Johan	Botha	02.59.44	1	
	158	22	873	SVH	Theunis	Ruiters	03.01.17	1	
	159	24	772	MMH	Mark	Coetzee	03.08.50	1	
	160	44	1514	VMH	P S	Vermaak	03.11.48	1	
161	25	749	MMH	Flippie	Eybers	03.12.18	1		
162	23	842	SVH	Godfrey	Meintjies	03.12.23	1		
163	26	907	MMH	Andre	Erasmus	03.13.30	1		
164	45	792	VMH	Jakes	Van Der Merwe	03.19.52	1		
165	27	800	MMH	Bruce	Cook	03.20.18	1		
166	28	859	MMH	Mark	Madeha	03.21.55	1		
167	46	763	VMH	Cliinton	Nel	03.24.34	1		
168	17	847	GMH	Gerard	Lenerna	03.30.32	1		
169	47	891	VMH	Fergus	Bell	03.47.40	1		
170	24	896	SVH	Francois	Lenferna	03.53.58	1		
171	18	791	GMH	Peter	Roseveare	03.54.59	1		
172	25	849	SVH	Jean-Pierre	Lenferna	04.01.16	1		
Category	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Women 25km	1	1	1028	JG	Stéfke	Tolmay	01.07.44	1	
	2	2	1126	JG	Michaela	Beaton	01.14.59	1	
	3	3	1057	JG	Marinelle	Fourie	01.22.21	1	
	4	1	1072	SG	Sarah	Van Der Walt	01.25.42	1	
	5	1	1073	FW	Christine	Van Der Walt	01.25.47	1	
	6	1	1036	NG	Olivia	Penfold	01.27.43	1	
	7	4	1011	JG	Salmay	Hindle	01.28.23	1	
	8	2	1037	FW	Jann	Penfold	01.30.06	1	
	9	2	1074	SG	Sadi	Goodwin	01.31.44	1	
	10	3	1076	FW	Erika	Goedhals	01.35.53	1	
	11	4	1127	FW	Candice	Beaton	01.35.56	1	
	12	5	1075	JG	Emily	Goodwin	01.36.14	1	
	13	3	1295	SG	Magdel	Barnard	01.37.02	1	
	14	5	1513	FW	Annalise	Kotze	01.37.46	1	
	15	6	1172	FW	Nadia	Bruce	01.41.37	1	
	16	4	1058	SG	Chane	Fourie	01.41.54	1	

Group or Category	Pos in		Runner Details				Final Results			
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks	
All Women 25km	17	7	1217	FW	Julia	De Kock	01.42.27	1		
	18	8	1089	FW	Anne-Simone	Schafer	01.44.31	1		
	19	5	1206	SG	Nadine	Visser	01.44.43	1		
	20	6	1016	JG	Sophia	Friedrich	01.45.37	1		
	21	9	1014	FW	Tania	Horsford	01.46.38	1		
	22	6	1025	SG	Kayleigh	Scholtz	01.49.58	1		
	23	10	1204	FW	Sanette	Labuschagne	01.50.55	1		
	24	11	1134	FW	Aletia	Beukes	01.51.18	1		
	25	12	1135	FW	Rina	Beukes	01.51.19	1		
	26	13	1290	FW	Jacquette	Du Plessis	01.52.44	1		
	27	14	1050	FW	Nina	Barnard	01.53.20	1		
	28	7	1052	SG	Megan	Van Der Walt	01.54.25	1		
	29	15	1218	FW	Mire	Lindeque	01.54.37	1		
	30	16	1279	FW	Brenda	Swart	01.54.38	1		
	31	2	1207	NG	Anika	Visser	01.54.59	1		
	32	17	1280	FW	Leandri	Lerm	01.55.09	1		
	33	18	1283	FW	Alet	Koch	01.57.59	1		
	34	19	1069	FW	Rhenia	Niemand	01.59.09	1		
	35	20	1289	FW	Adri	Du Plessis	01.59.31	1		
	36	21	1220	FW	Lou	Vink	02.05.19	1		
	37	22	1151	FW	Christa	Du Plessis	02.09.37	1		
	38	23	1045	FW	Beatrix	Henn	02.09.45	1		
	39	7	1061	JG	Mianca	Oosthuizen	02.10.24	1		
	40	24	1213	FW	Lourinda	Van Wyk	02.12.06	1		
	41	25	1301	FW	Retha	Vorster	02.19.12	1		
	42	26	1129	FW	Jeannette	Serfontein	02.19.14	1		
	43	27	1509	FW	Nadia	Kleynhans	02.21.56	1		
	44	28	1020	FW	Talitha	Weedall	02.22.52	1		
	45	29	1287	FW	Wendy	Pinder	02.23.12	1		
	46	8	1285	JG	Courtney	Gobregts	02.24.19	1		
	47	30	1202	FW	Lane	Labuschagne	02.28.51	1		
	48	31	1203	FW	Jana	Labuschagne	02.28.53	1		
	49	32	1537	FW	Anke Steyn	Steyn	02.29.58	1		
	50	8	1062	SG	Sarise	Oosthuizen	02.34.19	1		
	51	33	1124	FW	Ricki	Larson	02.36.31	1		
	52	34	1054	FW	Adele	Van Der Merwe	02.39.35	1		
	53	35	1088	FW	Karin	Olivier	02.41.39	1		
	54	3	1130	NG	Cara	Serfontein	02.45.13	1		
	55	36	1212	FW	Marinda	Van Wyk	02.46.46	1		
	56	37	1010	FW	Rosa	Du Preez	02.49.58	1		
	Category	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
	All Men 25km	1	1	1122	JB	Cwynton	Collett	00.58.37	1	
		2	2	1006	JB	Juan	Van Rooyen	00.58.40	1	
		3	3	1066	JB	Tristan	Nortje	00.58.45	1	
		4	4	1071	JB	Daniel	Van Der Walt	00.58.45	1	
		5	5	1013	JB	Kieran	Horsford	01.02.49	1	
		6	6	1070	JB	Zander	Du Preez	01.05.13	1	
		7	1	1035	SB	Aidan	Penfold	01.06.50	1	
		8	2	1056	SB	Luca	Ruwiel	01.06.50	1	
		9	3	1032	SB	Justin	Chesterton	01.06.51	1	
		10	7	1086	JB	Heinie	Beukes	01.08.08	1	

Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 25km	11	8	1038	JB	Matthew	Lochner	01.09.07	1	
	12	9	1047	JB	Krige	Van Der Vyver	01.09.56	1	
	13	1	1063	NB	Alec	Coleske	01.10.49	1	
	14	1	1064	FM	Fred	Coleske	01.10.52	1	
	15	2	1048	NB	Hendre	De Villiers	01.12.03	1	
	16	4	1079	SB	Luke	Beverley	01.12.05	1	
	17	2	1078	FM	Allan	Beverley	01.12.06	1	
	18	3	1081	FM	Geoff	Laughton	01.12.51	1	
	19	4	1098	FM	Meason	Witbooi	01.14.18	1	
	20	5	1108	FM	Wilrick	Fuller	01.14.51	1	
	21	6	1042	FM	Christoph	Hollander	01.15.51	1	
	22	10	1022	JB	Jethro	Stead	01.17.15	1	
	23	5	1026	SB	Oliver	Price	01.17.15	1	
	24	6	1120	SB	Christian	Badenhorst	01.17.59	1	
	25	3	1082	NB	Louis	Terblanche	01.18.13	1	
	26	7	1125	FM	Karl	Beaton	01.20.05	1	
	27	8	1201	FM	George	Aysley	01.20.13	1	
	28	9	1157	FM	Demetrius	Aysley	01.20.48	1	
	29	10	1170	FM	Christiaan	Van Rensburg	01.21.23	1	
	30	7	1196	SB	Julian	Bunge	01.22.14	1	
	31	11	1163	FM	Selvin	Tobias	01.23.08	1	
	32	8	1139	SB	Johann	Thiart	01.23.48	1	
	33	12	1150	FM	Ricardo	Breda	01.26.10	1	
	34	13	1189	FM	Jayden	Swanepoel	01.27.32	1	
	35	9	1190	SB	Nathan	Swanepoel	01.27.58	1	
	36	10	1535	SB	Emilio	Silva	01.28.14	1	
	37	14	1519	FM	Hein	Nel	01.28.17	1	
	38	4	1137	NB	Cronje	Beukes	01.28.25	1	
	39	15	1194	FM	Dwayne	Fortuin	01.28.29	1	
	40	11	1067	SB	Dante	Nortje	01.29.39	1	
	41	11	1175	JB	Fred	Brewis	01.30.00	1	
	42	16	1192	FM	Romario	Visagie	01.30.51	1	
	43	17	1138	FM	Fritz	Thiart	01.31.38	1	
	44	18	1291	FM	Alfranso	Daniels	01.32.33	1	
	45	12	1077	SB	Andre	Goedhals	01.33.14	1	
	46	19	1008	FM	Coenie	Blignaut	01.34.16	1	
	47	20	1148	FM	Dean	Alexander	01.36.02	1	
	48	21	1294	FM	Marinus	Barnard	01.37.04	1	
	49	22	1536	FM	Franlie	Van Niekerk	01.37.18	1	
	50	13	1085	SB	Philip	Marais	01.37.32	1	
	51	23	1084	FM	Cloete	Marais	01.37.33	1	
	52	24	1512	FM	Ben	Kotze	01.37.46	1	
	53	25	1179	FM	Rendill	Botha	01.39.41	1	
	54	26	1296	FM	Johan	Reinke	01.39.46	1	
	55	12	1131	JB	Kobus	Dippenaar	01.39.52	1	
	56	14	1302	SB	Stephen	De Swardt	01.40.18	1	
	57	27	1518	FM	Josua	Nel	01.40.42	1	
	58	28	1195	FM	Iverno	Plaatjies	01.41.05	1	
	59	29	1293	FM	Johan	Fourie	01.41.56	1	
	60	30	1211	FM	Hannes	Van Wyk	01.41.58	1	
	61	15	1119	SB	J G	Wegner	01.42.25	1	



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 25km	62	16	1019	SB	Wikus	Potgieter	01.42.37	1	
	63	31	1018	FM	Josh	Austin	01.42.39	1	
	64	32	1162	FM	Aldricht	Makriga	01.44.11	1	
	65	33	1214	FM	Christian	Jacobs	01.44.13	1	
	66	34	1274	FM	Devilliers	Van Zyl	01.44.44	1	
	67	35	1273	FM	Francois	Van Zyl	01.44.47	1	
	68	13	1144	JB	Booyesen	Conridqe	01.45.32	1	
	69	14	1097	JB	Gurshwin	Frans	01.46.05	1	
	70	36	1184	FM	Nathan	Jacobs	01.47.00	1	
	71	15	1208	JB	Derick	Daniels	01.47.30	1	
	72	37	1149	FM	Andre	Jonas	01.47.49	1	
	73	16	1115	JB	Markwin	Johannes	01.48.14	1	
	74	38	1155	FM	Mark-Anthony	Pheiffer	01.49.14	1	
	75	17	1044	JB	Stephan	Heyns	01.49.23	1	
	76	39	1286	FM	Vonnie	Heyns	01.49.26	1	
	77	40	1215	FM	Christiaan	Windt	01.49.41	1	
	78	41	1219	FM	Heinrich	Koen	01.50.18	1	
	79	42	1216	FM	Ettiene	Mac Pherson	01.52.33	1	
	80	17	1027	SB	Taine	Egberink	01.52.56	1	
	81	43	1031	FM	Kevin	Egberink	01.52.57	1	
	82	44	1103	FM	Peter-Lee	Radloff	01.53.55	1	
	83	18	1051	SB	Xavier	Barnard	01.54.14	1	
	84	5	1298	NB	Jan	Brummer	01.54.17	1	
	85	45	1299	FM	Stefaans	Brummer	01.54.18	1	
	86	46	1053	FM	Biggles	Van Der Walt	01.54.29	1	
	87	19	1529	SB	Ben	Roelefse	01.54.35	1	
	88	47	1181	FM	Ricardo	Cornelius	01.54.53	1	
	89	48	1117	FM	Rewarden	Malan	01.56.49	1	
	90	18	1059	JB	Philip	Van Der Merwe	01.57.15	1	
	91	49	1191	FM	Faizel	Van Rooi	01.58.24	1	
	92	50	1178	FM	Carlton	Andrews	01.59.04	1	
	93	20	1169	SB	Allen	Harvie	01.59.12	1	
	94	19	1173	JB	Alfred	Van Rensburg	01.59.49	1	
	95	51	1193	FM	Rayden	Williams	02.00.22	1	
	96	52	1284	FM	Johan	Uys	02.01.14	1	
	97	21	1083	SB	Nicolas	Prinsloo	02.01.27	1	
	98	53	1276	FM	Werner	Taljaard	02.01.44	1	
	99	54	1278	FM	Matthys	Swart	02.02.08	1	
	100	6	1033	NB	James	Stopforth	02.02.14	1	
	101	22	1159	SB	Clayden	Rhode	02.04.41	1	
	102	20	1143	JB	Terence	Vernis	02.04.43	1	
	103	55	1160	FM	Niezaam	Adams	02.04.45	1	
	104	23	1156	SB	Jay-Kelen	Moses	02.04.46	1	
	105	56	1198	FM	William	Harvie	02.05.37	1	
	106	24	1065	SB	André	Rossouw	02.05.42	1	
	107	57	1297	FM	Martin	Grotepass	02.05.53	1	
	108	58	1147	FM	Johan	Neethling	02.09.38	1	
	109	59	1023	FM	Almon	Horne	02.10.08	1	
	110	60	1205	FM	Casper	Labuschagne	02.10.13	1	
	111	21	1136	JB	W S	Meyer	02.10.57	1	
	112	7	1165	NB	Tyrique	Bell	02.10.58	1	



Group or Category	Pos in		Runner Details				Final Results		
	All	Cat	No	Cat	First Name	Last Name	Total	Lps	Remarks
All Men 25km	113	61	1507	FM	Johnnie	Hunlun	02.11.21	1	
	114	8	1167	NB	Miga	Pretorius	02.12.12	1	
	115	9	1200	NB	Niel	Otto	02.12.14	1	
	116	62	1209	FM	Eric	Torr	02.13.00	1	
	117	22	1197	JB	Bjorn	Bell	02.14.12	1	
	118	10	1171	NB	Altus	Brewis	02.14.46	1	
	119	63	1300	FM	Jd	Roux	02.14.47	1	
	120	64	1177	FM	Gavin	Adams	02.15.50	1	
	121	23	1090	JB	Reagan	Olivier	02.18.03	1	
	122	65	1021	FM	Martin	Coetzer	02.18.24	1	
	123	24	1007	JB	Nicholas	Steyn	02.19.27	1	
	124	11	1055	NB	Ula	Van Der Merwe	02.20.03	1	
	125	12	1041	NB	Franco	Jacobs	02.20.44	1	
	126	66	1039	FM	Nicolas	Burger	02.20.45	1	
	127	25	1030	JB	James-Pierre	Du Toit	02.20.45	1	
	128	67	1538	FM	Riaan	Steyn	02.29.59	1	
	129	13	1277	NB	Ben	Coetzee	02.32.10	1	
	130	68	1281	FM	Leon	Coetzee	02.32.12	1	
	131	69	1060	FM	Jeremias	Oosthuizen	02.34.21	1	
	132	70	752	FM	Humphrey	Price	02.34.37	1	
	133	25	1161	SB	Cayden	Joel	02.38.39	1	
	134	71	1106	FM	Angelo	Van Reenen	02.42.04	1	
	135	14	1168	NB	Ruach	Pretorius	02.43.26	1	
	136	72	1282	FM	Phillip	Pretorius	02.43.29	1	
	137	73	1275	FM	Hennie	Spamer	02.44.34	1	
	138	74	1128	FM	Wessel	Serfontein	02.45.14	1	
	139	15	1210	NB	Lousi	Van Wyk	02.45.33	1	
	140	16	1176	NB	Pieter	Laubscher	02.48.57	1	
	141	75	1132	FM	Pieter	Laubscher	02.49.51	1	
	142	76	1121	FM	Andre	Mouton	02.50.39	1	
143	17	1174	NB	Dirk	Mouton	02.50.48	1		
144	26	1092	JB	Luwane	Filander	02.52.16	1		
145	77	1068	FM	Chris	Blignaut	03.06.37	1		